



Virginia Headwaters Council Aquatics Committee Swim Classification Procedures



NOTE: This form is equivalent to "Unit Swim Classification Record" BSA Form 430-122 (March 2009)
See reverse for Unit Swim Classification Record

SWIM CLASSIFICATION PROCEDURES

The swim classification of individuals participating in a Scouts BSA activity is a key element in both Safe Swim Defense and Safety Afloat. **The swim classification tests should be reviewed annually, preferably at the beginning of each outdoor season.** Traditionally, the swim classification test has only been conducted at a long-term summer camp. However, there is no restriction that this be the only place the test can be conducted. It may be more useful to conduct the swim classification prior to a unit going to summer camp.

All persons participating in Scouts BSA aquatics are classified according to swimming ability. The classification tests and test procedures have been developed and structured to demonstrate a skill level consistent with the circumstances in which the individual will be in the water (e.g. the swimmer's test demonstrates the minimum level of swimming ability for recreational and instructional activity in a confined body of water with a maximum 12-foot depth).

ADMINISTRATION OF SWIM CLASSIFICATION TEST (The Local Council chooses one of these options):	
OPTION A (at camp):	The swim classification is completed the first day by camp aquatics personnel
OPTION B (Council conducted / Council controlled):	The Council controls the swim classification process by predetermined dates, locations, and approved personnel to serve as test administrators. When the unit goes to summer camp, each individual will be issued a buddy tag under the direction of the camp aquatics director for use at the camp.
OPTION C (at unit level with Council-approved aquatics resource personnel):	The swim classification test done at a unit level should be conducted by one of the following Council-approved resource personnel: (1) Current Aquatics Instructor, Scouts BSA; (2) Current Aquatic Supervision, Swimming & Water Rescue, Scouts BSA; or (3) other individual authorized by SJAC Aquatics Committee. When the unit goes to summer camp, each individual will be issued a buddy tag under the direction of the camp aquatics director for use at the camp.

TO THE TEST ADMINISTRATOR

The various components of each test evaluate the several skills essential to the minimum level of swimming ability. **Each step of the test is important and should be followed as listed below:**

SWIMMER'S TEST: Jump feet-first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.

BEGINNER'S TEST: Jump feet-first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place.